



BREAKFAST

Organic Egg Sandwich* 6

Eggs, plum tomatoes and a special sauce (a little spicy) on toasted brioche bun.
(Add ham or Swiss cheese for \$0.75)

Middle Eastern Egg Sandwich* 7

Hummus, chopped salad, and a dash of hot sauce on a warm pita.

Shakshooka 10.5

Two organic poached eggs cooked in a Tunisian tomato sauce with feta.
Served with chopped salad and a pita.

Mediterranean Breakfast Plate* 12

Feta and egg omelet with hummus, olives, lebneh, babaganoush, Middle Eastern chopped salad and pita.

Nutella Ciabatta 6

Hot pressed ciabatta with nutella and bananas.

Nutella Croissant 5

Hot pressed croissant with nutella and bananas.

Fruit Smoothies 7

Made with low-fat milk and yogurt **choices:**
Berry & Banana | Mango & Banana | Strawberry & Banana – *Add chocolate!*

----- * Egg items until 11:30am – except on the weekends -----
Gluten-free buns available for egg sandwiches

//////////**skip the line and pre-order**//////////

PLATES

Hummus and Pita **choose one:** 8.75

Roasted pepper tapenade (v) | Roasted almonds (v) |
Sautéed mushrooms and chickpeas (v) | Chopped salad and egg.

Hummus with Falafel Platter 10.5

Vegan. Served with Pita, Middle Eastern chopped salad and matbucha.

BITE NYC | 646-649-2768 | 335 Lafayette St | 211 East 14th St. | 62 West 22nd St

Hummus with Grilled Chicken 12
Served with Pita and Middle Eastern spiced grilled chicken.

Mezze Plate choice of three with pita and pickles: 11.5
Hummus | Matbucha (Moroccan tomato relish) (v) | Chopped salad |
Lebneh (Arab yogurt cheese) | Babaganoush (grilled eggplant salad) |
Roasted Pepper Tapenade | Feta + Roasted pepper spread

Vegetarian Moroccan Cigars 8.25
Rolled phyllo dough with a spiced vegan filling and tahini.

Mallawach 8.25
Yemenite puff pastry pancake with a hardboiled egg, Middle Eastern chopped salad and a spicy tomato sauce.

Panko Encrusted Mediterranean Cauliflower 8.25
Sautéed cauliflower florets with Middle Eastern chopped salad and tahini.

Bruschetta choose one: 8.25
Mozzarella, plum tomatoes & chopped basil | Eggplant & goat cheese with tomato sauce | Salami with Swiss cheese and sundried tomato & basil mayo.

Bourekas 10.25
Puff pastry triangle filled with potato filling, hard-boiled egg, eggplant, pickles and smoked pepper mayo. Served with a side salad. *Can be made vegan.*

Shakshooka 10.5
Two organic poached eggs cooked in a Tunisian tomato sauce with feta. Served with chopped salad and a pita.

Chicken Schnitzel Plate 15.5
Lightly breaded chicken cutlet with a salad and choice of rice or French fries.

Ravioli 14
Spinach and ricotta ravioli served with za'atar pita.
choice of: Moroccan tomato sauce (a little spicy) or pesto sauce.

Bite Za'atar Fries (with crumbled feta + \$1.25) 5.5

HOMEMADE SOUPS & STEWS

Made Daily

SOUPS served with bread sm/lg 6 / 7

**Country Tomato | Spicy Black Bean | Vegetable Lentil |
Vegetable Split Pea | Garden Gazpacho**

All soups are vegan and come with the option to add sour cream or roasted ham.

STEWES *served with rice and bread* **8.5**

**White Chicken Chili | Classic Beef Chili |
Green Thai Coconut Curry with Chicken**

SALADS

Goat Cheese Salad **10.5**

Green apples, goat cheese, walnuts, raisins and plum tomatoes with balsamic vinaigrette.

Feta Salad **10.5**

Israeli feta, kalamata olives, cucumbers, red onion, plum tomatoes and garlic croutons with lemon oregano dressing.

Mediterranean Salad **10.5**

Hummus, sautéed eggplant, roasted red pepper tapenade, Middle Eastern chopped salad and roasted almonds.

Falafel Salad **10.5**

Hummus, Middle Eastern chopped salad, falafel and matbucha with tahini.

Mediterranean Tuna Salad **10.75**

Tuna mixed with olives, red pepper and jalapeños. Topped with cucumbers, tomatoes, hard-boiled egg and garlic croutons with tahini.

Exotic Tuna Salad **10.75**

Curried tuna mixed with carrots, red cabbage, golden raisins, plum tomatoes, and croutons with balsamic vinaigrette.

Chicken Schnitzel Salad **12.25**

Lightly breaded chicken cutlet with hummus, hard-boiled egg, Middle Eastern chopped salad and pickles with tahini.

Curry Quinoa Salad **10.5**

Curried quinoa mixed with chickpeas, scallions, almonds, golden raisins, carrots, cucumbers and tomatoes with tahini.

Fresh Baby Green Salad **8.5**

Carrots, walnuts, golden raisins, plum tomatoes, and garlic croutons with balsamic vinaigrette.

Side Salad **6**

Carrots, plum tomatoes and garlic croutons with balsamic vinaigrette.

Watermelon Salad

9

Watermelon, feta, mint and a drizzle of olive oil. *(seasonal)*

UPGRADE YOUR SALAD: Add Grilled Chicken +3.5 | Add Cheese \$2

COMBOS

PICK TWO:

\$10-12

Half Sandwich *or* Half Panini

Small Soup

Side Salad

Za'atar Fries

Upgrade to any salad: + 1.75 or stew + 1.25

SANDWICHES

Fresh Mozzarella Sandwich

9.5

Mozzarella, roasted red pepper tapenade, greens and plum tomatoes with balsamic vinaigrette.

Smoked Turkey Sandwich

10.5

Turkey, greens and tomatoes with smoked pepper mayo.

Salami

10

Genoa salami, fresh mozzarella, greens, and tomatoes with sundried tomato & basil mayo.

Roast Beef

11.25

Roast beef, Swiss cheese, greens, and plum tomatoes with smoked pepper mayo. *(comes toasted)*

Exotic Tuna

10

Curried tuna with golden raisins, red cabbage, carrots, field greens, and plum tomatoes.

French Bite

11

Smoked turkey, brie cheese, green apples, field greens and sweet mustard.

Middle Eastern Turkey

10.75

Smoked turkey, hummus, field greens, and plum tomatoes. Optional: spicy.

Middle Eastern Turkey II **in a pita* **11**

Smoked turkey, hummus, hard-boiled egg, sautéed eggplant, pickles, red onion & a little hot sauce.

Middle Eastern Vegan **9.5**

Hummus, roasted eggplant, roasted red pepper tapenade, sautéed eggplant, field greens and plum tomatoes. Optional: spicy.

Middle Eastern Mushroom **9.5**

Hummus, sautéed mushrooms and chickpeas, goat cheese, and Middle Eastern chopped salad. Optional: spicy.

Chicken Schnitzel **11.25**

Lightly breaded chicken cutlet with tomatoes and greens + smoked pepper mayo.

Vegan Schnitzel **10.5**

Vegan “chicken” cutlet on a ciabatta with fresh greens, plum tomatoes, vegan special sauce and pickles.

Mediterranean Schnitzel **in a pita* **11.25**

Lightly breaded chicken cutlet with hummus, Middle Eastern chopped salad and a little hot sauce.

Sabih **in a pita* **9.5**

Hummus, sautéed eggplant, hard-boiled egg, Middle Eastern chopped salad and pickles. Optional: spicy.

Mediterranean Chicken **11.25**

Grilled chicken, hummus, Middle Eastern chopped salad and a dash of hot sauce.

PANINIS

Smoked Turkey and Pesto **11**

Turkey, Swiss cheese, and pesto.

Eggplant Pesto **10.25**

Fresh mozzarella, sautéed eggplant, and pesto.

Salami **10.5**

Genoa salami, fresh mozzarella, roasted red pepper tapenade, and sundried tomato & basil mayo.

Mediterranean Tuna **11**

Tuna mixed with olives, pickled jalapeños and red pepper with plum tomatoes, and Moroccan tomato sauce.

Prosciutto Mozzarella 11

Prosciutto, plum tomatoes, chopped basil and a touch of olive oil.

Fresh Mozzarella 10.25

Fresh mozzarella, sundried tomatoes, basil, and a touch of olive oil.

Grilled Chicken 11.75

Grilled chicken, fresh mozzarella, red pepper, and sundried tomato & basil mayo.

Black Forest Ham 11

Ham with Swiss cheese, balsamic onions, pickled jalapeños and smoked pepper mayo.

GRILLED CHEESE & TOMATO SOUP

in a pita

Gruyere Grilled Cheese 10

Classic Gruyere with plum tomatoes in a pita. Served with our Country Tomato Soup.

Cuban Grilled Cheese 11

Ham, gruyere, smoked pepper mayo and pickles in a pita. Served with our Country Tomato Soup.

Mediterranean Grilled Cheese 11

Feta/ricotta spread, za'atar, olives, red onions, and plum tomatoes in a pita. Served with our Country Tomato Soup.

***NEW MENU ITEMS ***

Fish Sandwich 11

Homemade greek yogurt tartar sauce, pickled onions, greens, plum tomatoes.

With za'atar fries or a salad 12.5

Veggie Burger 11

Our homemade vegan patty with vegan special sauce, pickled red onion, plum tomatoes and lettuce. *Gluten-free bun available.*

With za'atar fries or a salad 12.5

Vegan Parm 11.5

DRINKS

	12oz / 16oz
Hot Coffee Tea	2.75 / 3.25
Cappuccino	4 / 4.5
Café Latte Chai Latte	4 / 4.5
Espresso	3.25
Macchiato	3.5
Hot Chocolate	3.5
Iced Tea Iced Coffee	3.25
Iced Latte Iced Chai	5
Homemade Lemonade	3.25
Arnold Palmer	3.25
San Pellegrino	3
Bottled Water	2
Sodas (Coke, Diet Coke, Sprite, Sprite Zero)	2
Frozen Naked Mojito	5
Lemon Mint Drink	
Fruit Smoothies	7
Made with low-fat milk and yogurt	
Berry & Banana Mango & Banana Strawberry & Banana — Add chocolate!	
Beer	7
Wine (Red or White)	8
Sangria (Red or White Peach)	8

SNACKS AND DESSERTS

Za'atar Fries (add crumbled feta + \$1.25)	5.5
Assorted Dirty Potato Chips	2.25
Fruit Smoothie	7
Made with low-fat milk and yogurt	
Berry & Banana Mango & Banana Strawberry & Banana — Add chocolate!	

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Nutella Ciabatta	6
Hot pressed ciabatta with nutella and bananas.	
Nutella Croissant	5
Hot pressed croissant with nutella and bananas.	
Homemade Warm Brownie with Ice Cream	6.5
Brownie served with a scoop of vanilla ice cream and honey-glazed almonds.	
Homemade Chocolate Mousse	7
Chocolate mousse served with whipped cream.	
Homemade Chocolate Chip Cookie	3.75
Vegan Homemade Chocolate Chip Cookie	3.25
Vegan Homemade Banana Bread	3.25
Homemade Brownie	2.5